

## Základní literatura

GIBSON, Faith . *Reminiscence and recall: A guide to good practice* (3<sup>rd</sup> edition)  
London: Age Concern, 2006.

JANEČKOVÁ, Hana; VACKOVÁ, Marie. *Reminiscence : využití vzpomínek při práci se seniory*.  
Praha : Portál, 2010. 151 s. ISBN 978-80-7367-581-3.

ŠPATENKOVÁ, Naděžda; BOLOMSKÁ, Barbora. *Reminiscenční terapie*. Praha :  
Galén, 2011. 112 s. ISBN 978-80-7262-711-0.

JANEČKOVÁ, Hana a kol. *Úloha vzpomínek při práci se seniory a možnosti jejich  
terapeutického využití* [online]. [cit. 2011-03-08]. Dostupné z WWW:  
<<http://www.rezidencnipece.cz/archiv/casopis/0801.pdf>>.

KLEVETOVÁ, Dana; DLABALOVÁ, Irena. *Motivační prvky při práci se seniory*.  
Praha : Grada, 2008. 202 s. ISBN 978-80-247-2169-9.

SCHWEITZER, Pam. *About reminiscence work* [online]. [cit. 2011-03-09]. Dostupné  
z WWW: <<http://www.pamschweitzer.com/pdf/about-reminiscence-work.pdf>>.

## Reminiscence reading list

Schweitzer P and Bruce E (2008) *Remembering Yesterday Caring Today –  
Reminiscence in dementia care: A guide to good practice* London: Jessica Kingsley

This book is the essential reference book for RYCT group leaders. It contains the  
RYCT manual for group leaders, background information on person-centred dementia  
care and creative reminiscence and general advice on doing reminiscence work with  
people who have dementia and setting up and running groups.

### Additional readings on reminiscence

Brooker D J R and Duce L (2000) Well-being and activity in dementia: a comparison  
of group reminiscence therapy, structure and goal-directed group activity and  
unstructured time *Aging and Mental Health* 4 356-60

Gibson F (2004) *The past in the present: Using reminiscence in health and social  
care* Baltimore MD: Health Professions Press

Heathcote J (2007) *Memories are made of this: Reminiscence activities for person-  
centred care* London: Alzheimer's Society

Schweitzer P (1998) *Reminiscence in dementia care* London: Age Exchange

Schweitzer P (2004) *Mapping memories: Reminiscence with ethnic minority elders*  
London: Age Exchange

Schweitzer P (2006) *Reminiscence theatre: Making theatre from memories* London: Jessica Kingsley

## **Dementia reading list**

I've included a lot of readings because it's not always easy to get hold of things, and a longer list means gives you more chance of finding something. They are mainly academic books and articles. I have highlighted publications aimed at practitioners in yellow, and for more enjoyable reading I've included a few novels and insider accounts of living with dementia from people with dementia and their carers – there are plenty more of these.

Over the years the Journal of Dementia Care has published a lot of very good articles aimed at practitioners rather than academics. It's worth looking through back numbers for articles of interest if you have access to a library or organisation that takes this journal, or searching on their web-site.

### **Dementia studies reader**

Downs M and Bowers B (2008) *Excellence in dementia care - research into practice* Maidenhead: Open University Press

### **The Experience of Dementia**

Bender M P and Cheston R (1997) Inhabitants of a lost kingdom: a model of subjective experiences of dementia *Ageing and Society* 17, 513-532

Clare L (2002) We'll fight it as looking as we can: coping with the onset of Alzheimer's disease *Ageing and Mental Health* 6 139-48

Clare L (2004) The construction of awareness in early-stage Alzheimer's disease: a review of concepts and models *British Journal of Clinical Psychology* 43, 2, 155-175

Friedell M (2002) Awareness: a personal memoir on declining quality of life in Alzheimer's *Dementia* 1, 3, 359-366

Sabat S R (2001) *The experience of Alzheimer's disease: life through a tangled veil* Oxford: Blackwell

### **Changing understandings of dementia**

Cheston R and Bender M P (1999) *Understanding dementia: The man with the worried eyes* London: Jessica Kingsley Publishers

Kitwood T (1997) *Dementia Reconsidered* Open University Press

Bell V and Troxel D (1997) *The best friends approach to Alzheimer care* Baltimore: Health Professions Press

## **Communicating with people who have dementia**

Bell V and Troxel D (1997) Chapter 5 'The art of friendship' in *The best friends approach to Alzheimer care* Baltimore: Health Professions Press

Perrin T and May H (2000) Chapter 7 'Non-verbal communication: the currency of well-being' in *Well-being in dementia care: An occupational approach for therapists and carers* Edinburgh: Churchill Livingstone

Powell J (2000) *Care to communicate: Helping the older person with dementia* London: Hawker Publications

Sabat S R (2001) Chapter 2 'Language and communication' in *The experience of Alzheimer's disease: life through a tangled veil* Oxford: Blackwell

## **Family carers**

Andrews J and Scurfield M (2002) 'Relatives and carers' in Benson S ed *The care assistant's guide to working with people with dementia* London: Hawker Publications p 152-159.

Baxter E C (2000) Learn about the caregiver, distinct from the person with dementia *Alzheimer Care Quarterly* Summer

Briggs K and Askham J (1999) *The needs of people with dementia and those who care for them – a review of the literature* London: Alzheimer's Society

Castle E (2001) A couple's journey with Alzheimer's disease: the many faces of intimacy *Generations* 25 (2) 81-89

Jones D A and Peters TJ (1992) Caring for elderly dependants: effects on the carers' quality of life *Age and Ageing* 21 421-92

Otto J (2001) Losing the living *Community care.co.uk* July 13

Pollitt P A, O'Connor D W and Anderson I (1989) Mild dementia: perceptions and problems *Ageing and Society* 9 261 -275

Snyder L (2002) 'Social and family relationships: Establishing and maintaining connections' in Harris P ed *The person with Alzheimer's Disease: Pathways to understanding the experience* London and Baltimore: John Hopkins University Press p 112-133

Upton N and Reed V (2006) The influence of social support on caregiver coping *Int J of Psychaitric Nursing Research* 11 1256-67

### **Autobiographical accounts of dementia**

Diana Friel McGowin (1994) *Living in the labyrinth: a personal journey through the maze of Alzheimer's* New York: Dell Publishing

Thomas DeBaggio (2002) *Losing my mind: an intimate look at life with Alzheimer's* New York: Free Press

### **Carers' accounts of caring for people with dementia**

John Bailey *Iris*

Jo Field *The space beyond*

Bernard Heywood *Caring for Maria*

Lucy Whitman *Telling tales about dementia*

### **Novels**

Margaret Forster *Have the men had enough?*

Lisa Genova *Still Alice*

Samantha Harvey *The Wilderness*

Michale Ignatieff *Scar Tissue*

Jane Rule *Memory Board*