

SENIORS



- Three types of aging: - biological
 - social
 - calendar

PROBLEMS OF OLD AGE

- The Czech Republic 30% physically and mentally abused.
- Sickness - nemoc
- Physical disability
- Mental impairment
- Poverty

IMPORTANT FACTORS IN THE QUALITY OF LIFE OF SENIORS ARE:

- Feeling safe
- Expectations in life
- A sense of optimism
- Good health and physical functioning
- Engagement in social activities and a sense of being supported
- Living in a community with good community facilities and services
- Feeling a sense of control and independence

DIGNITY IN CARE

- *In pairs these sentences explain and use examples when the dignity of seniors is not respected.*

SYMPTOMS OF ABUSE



What are their symptoms? Put the examples into the right columns:

- **poor skin hygiene**
- **anger**
- **Changes in bank accounts**
- **Sudden change in behaviour**
- **Dehydration**
- **Soiled clothing or bed**
- **Delibrate isolation from family**
- **Non communicative**
- **Disappearance of funds**
- **Numerous unpaid bills**
- **Non responsive**

Correct answer

Physical abuse

- poor skin hygiene, dehydration, soiled clothing or bed

Psychological abuse

- anger, sudden change in behaviour, non communicative, non responsive, deliberate isolation from family

Financial abuse

- changes in bank accounts, disappearance of funds, numerous unpaid bills

Thank you for your attention.

