

ADDICTIONS

Unit 1

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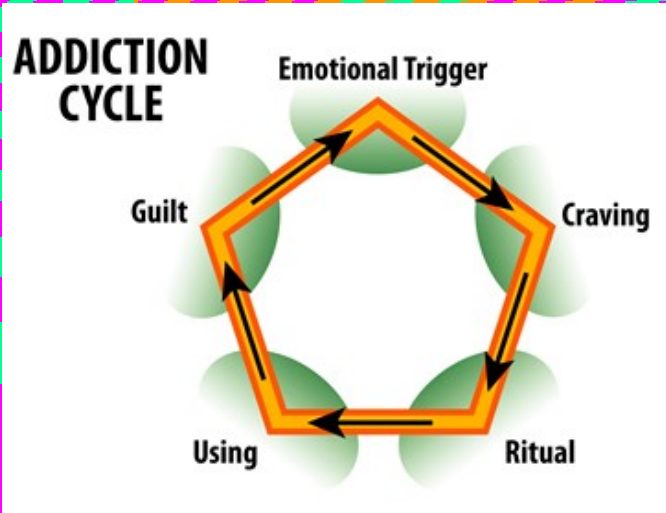
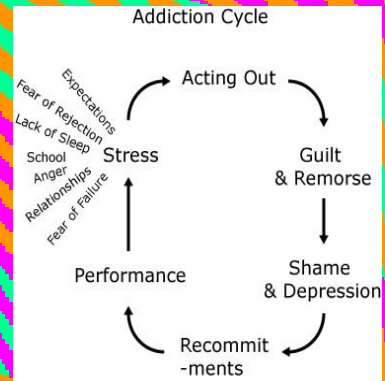
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Content:

- Kinds of addictions
- Types of drugs
- Organizations
- Game for you

Kinds of addictions:

Main of them:



alcohol and tobacco
caffeine
medicine, pills
gambling
drugs

Emotional trigger – citový spouštěč

Craving – touha, chuť, bažení, žádostivost

Guilt – vina, pocit viny



Kinds of addictions:

These addictions are well – know!

Alcohol



Tobacco



These drugs are legal!



Caffeine:

- Stimulate your central nervous system

- Caffeine counteracts sleep

- Is legal

- In: tea, coffee, cacao, energy drinks, fizzy drinks such as coca cola

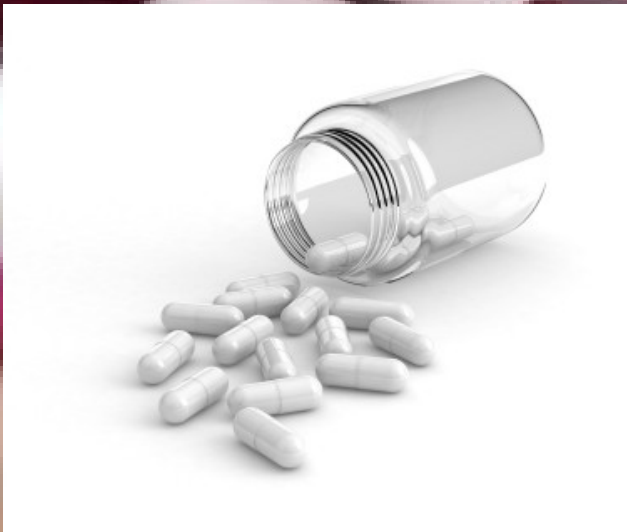
for interesting: in North America 90% of adults consume caffeine daily



Medicine, pills

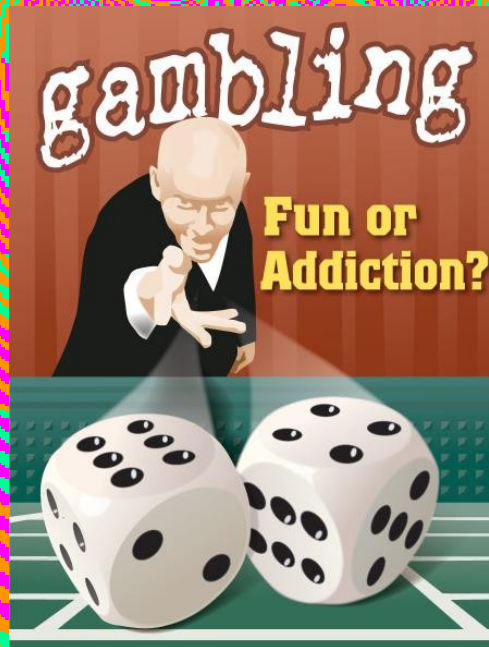


- People can be addict to pills for example:
- Anti-depressants f.e.: prozac, seroxat...
- Pills for sleep and others pills
- These types of drugs is legal too.



Gambling:

- It is specific kind of addiction
- Gambling is, when people like (he is addicted) to play hazard games
- Gambling can be conect with any others addictions (mostly drugs, alcohol)



What do you think?

Everybody write 3 reasons, why do people take drugs?

Do you have any addiction?



DRUGS

TYPES OF DRUGS:

We have 4 types of drugs:

1. Get high (stimulants = uppers)
 - *cocaine, crack, ecstasy, speed = (methamphetamine, pervitin) tobacco*
2. Calm down (depressants = downers)
 - *alcohol, cannabis, gases, glues and aerosols, tranquillisers*
3. Trip out (hallucinogenic drugs)
 - *cannabis, ketamine, LSD and magic mushrooms*
4. Get knocked out (opiate type drugs)
 - *diacetylmorphine = heroin, morphine, codeine*

VOCABULARY:

alert – ostražitý, bdělý, pozorný

calm – klidný

glues – lepidlo, kliš

tranquillisers – uklidňující lék, sedativum

affect – ovlivnit, postihnout

mind - mysl

distort – zkreslit

Stimulants = Uppers

Cocaine, Crack – (snow), illegal drugs !!!

- Powder form, crack is in crystal form
- From the leaves of the coca plant
- **Increase** - alertness, feelings of well-being and euphoria, energy and activity, feelings of competence and sexuality

Form of application:

- Oral - smoking, sniffing=(blowing), chewing coca leaves,
- (Drug injection), crack - inhalation

increase - zvyšovat

alertness – ostrážitost

powder – prášek

sniff(snuff or snort) - šňupat

chew - žvýkat



Stimulants = Uppers



Ecstasy – (E, ball, drug (pill) of love)

- Powder form or tablet (pill)
- Many kinds of colors and designs
- **Can induce** – euphoria and sense of intimacy with others, love for others, inner peace, feelings of empathy and forgiveness
- **Increase** - energy and endurance, motivation, desire
- **Diminish** - anxiety, fear, aggression and hostility

Form of application: oral

induce – vyvodit, přivolat

inner – vnitřní

forgiveness – odpuštění

increase – zvýšit, přibývat

endurance – výdrž, vytrvalost, odolnost

desire – touha, chuť

diminish – snížit

anxiety – úzkost, strach, obava

hostility - nepřátelství



Stimulants = Uppers

Speed = (methamphetamine, pervitin)

Increase - alertness, concentration, energy

Can induce - euphoria

Many negative effects : fatigue, depression, anxiety, headaches, agitation, aggression, deep REM sleep and suicidal ideation, psychotic behaviour

Form – like as small fragment of glass or bright blue-white crystals

Form of application: injection, smoking

Pervitin is the most addictive drug!

Can causes paranoia, hallucinations and even death.

It most worst treatable addiction!!!



increase – zvyšovat

alertness – ostražitost

induce – navodit, vyvodit

fatigue – únava, vyčerpání

treatable - léčitelný

anxiety – úzkost, strach

headaches – bolesti hlavy

agitation - rozrušení

suicidal ideation – sebevražedné sklony

behaviour - chování

fragment - úlomek

cause - způsobovat

Depressants = Downers

Cannabis – marijuana, grass, skunk = a type of cannabis

(Hashish (hash) – is resin of cannabis plant, usually combine with cannabis.)

- Downers and hallucinogenic drug

- Most famous drug and the most famous illicit drug on the world

- Many kinds of this drug

- Used as psychoactive drug and as medicine(used for treatment Alzheimer's disease)

- Main element is THC

- Recreational drug, use at religion or spiritual rituals

- **In the Netherlands this drug is legal and tolerate!**



Form of application: mixed with tobacco (joint) and smoked, make a tea – drink, bake hash cakes and cookies – eat, in India cannabis mixed with tobacco - chew



resin – pryskyřice

illicit – nezákonný, zakázaný

treatment - léčba

main - hlavní

Haluccinogenic drugs

LSD – acid, trip, paper

- Semisynthetic psychedelic drug
- Change consciousness(hallucination, illusion)
- Is a product of poisonous fungus growing on rye
- Effects of this drug are non-predictable
- Can cause to 12 hours



Form – sells in pills or liquid form, LSD is in blotting paper – divide LSD into squares, 1 square is one dose

Form of application: oral



consciousness – vědomí

poisonous fungus – jedovatá houba

rye – žito

non-predictable- nepředvídatelný

divide - rozdělit

cause – působit

liquid – tekutý (tekutina)

blotting paper – savý papír

dose - dávka



Hallucinogenic drugs

Magic mushrooms – psilocybin mushrooms

- Many kinds (20 kinds in the Czech R.)
- Main psychoactive elements: psilocybin and psilocin
- Used in ancient time, used for religious purposes, rituals
- Psychedelic effects may brings: panic attacks, depression and delusions
- Very important is dosage, picking: in October, November

Form of application: eat raw mushrooms,
dried mushrooms mix with cannabis and smoke, drink a tea



contain – obsahovat

purpose – účel

raw – syrový

delusion – klam, myslná představa

dosage – dávkování

dried - sušený



Opiate type drugs



Heroin, (Morphine, Codeine)

- Opiate analgesic, heroin is hard and strong drug
- 15 million users of heroin (15-64 years old)
- Heroin causes immediately (till 6-8 hours)

Effects: relaxing, sleepiness, calming down, no perception of pain

Form of application: smoking, injection



Injection!!! – danger of transfer HIV and hepatitis!

Heroin is usually cause of death!!!

perception – vnímání

pain – bolest

sniffing - šňupání

cause of death – příčina smrti



ORGANIZATIONS:

1) Low-threshold Organizations (nízkoprahové)

- Drop-in – www.dropin.cz
- K-Centrum – www.k-centrum.net

2) Hospitals

- Bohnice – www.plbohnice.cz
- Hradec Králové – www.alkohol-alkoholismus.cz

3) Detox

- PL Apolinář, PL Bohnice, PL Brno, PL Plzeň

4) Other Organizations

- Alcoholics Anonymous, Narcotics Anonymous

Two red dice with white pips are positioned on either side of the text. The dice are shown from a perspective that highlights their three-dimensional form and the arrangement of the pips on their faces. The lighting creates soft shadows and highlights on the dice's surfaces, giving them a realistic appearance.

THE GAME

DRUGS ARE BAD



**Thank you for your
attention !!!**